

**CANADIAN VOLKSSPORT FEDERATION
LA FÉDÉRATION CANADIENNE VOLKSSPORT
BOARD OF DIRECTORS' MEETING
November 14, 2010**

In Attendance: Benoît Pinsonneault, President (Chair)
Kathy Parr, Alberta Director
Laurie Ross, Prairies and Northern Director
Sue Osborn, Ontario Director
Lisette Boivin, Québec Director
Rollie Coombes, Atlantic Director
Kaye Farmer, Secretary
Donna Sullivan, CVF Administrative Assistant
David Rupar, Treasurer (part of the meeting)

Absent: Beverley Cattrall, BC Director

| Item | Topic | Action |
|------|---|--------|
| 1. | Call to Order: Benoît called the meeting to order at 3:02 pm EST. | |
| 2. | Appointment of a Time-Keeper: Rollie agreed to be time-keeper. | |
| 3. | Adoption of Agenda: It was moved by Kathy and seconded by Laurie that the amended agenda be adopted. Carried. | |
| 4. | Approval of the Minutes of August 15, 2010: It was moved by Rollie and seconded by Sue that the minutes be approved. Carried. | |
| 5. | Business Arising From the Minutes of August 15, 2010: | |
| | a. Establishment of a CVF Business Plan Action Committee: It was agreed that the most important topic is Membership and that the Board should consider this first. Benoît will work on the pamphlet entitled "How to Start a Volkssport Club" in an attempt to reduce it to a 2-page leaflet. He will send a draft to the Board members. Rollie and Laurie volunteered to serve on a committee related to the business plan. | Benoît |
| | b. CVF Convention 2011 – Whistler, BC – Approval/Update: Verni Brown's Update #3 was discussed. Board members were encouraged to register for the convention and hotel soon. Benoît will contact Verni about putting information about the convention in the upcoming issue of Volkssport Canada. | Benoît |
| | c. 2011 Sanction Renewal Process - Update: Donna reported that 261 YREs/Seasonals and 415 scheduled events are planned for 2011. | |

| Item | Topic | Action |
|------|--|--------|
| 5. | <p>d. 2010 Budget Status as of October 31, 2010: David Rupar presented the financial position to the end of October 2010 and how it compared with the same period last year.</p> | |
| e. | <p>CVF/IVV Awards - Update: Currently CVF does not have awards for people who complete 85,000 km and above and 3,000 events and above. Benoît has received information from Germany about their certificates. He will discuss this with Lea Tocher, and he will have certificates prepared in Canada.</p> | Benoît |
| f. | <p>Directors' Walks in Remote Location – Registration, Payment, Insurance - Update: Things seem to be working well.</p> | |
| g. | <p>New Canada Not-For-Profit Corporations Act – Changes to our Bylaws: The amendment was approved by Industry Canada; however, a meeting of the clubs must be held within 90 days of this approval to accept the change into our bylaws. Because of this, Benoît will send the request to Industry Canada again within that 90-day period prior to the AGM on May 28, 2010.</p> | Benoît |
| h. | <p>CVF's 25th Anniversary Committee - Update: Sue reported that her committee is still discussing various options and that this will continue.</p> | Sue |
| i. | <p>New CVF Budget Item re CVF Conventions - \$2500 Grant versus Loan: It was decided to not consider this topic at this time.</p> | |
| j. | <p>Approved New IVV Guidelines, July 2010, in Luxembourg - Update: One change accepted at the July meeting was that a national organization could decide whether or not to allow participants to take one event stamp per day for doing a YRE/Seasonal. It was agreed that for 2011, Canada will continue with allowing only two event stamps per year – one with 2011+ for the first semester and one with 2011 for the second semester.</p> | |
| k. | <p>Creation of IVV Continental Associations – Popular Sports Across the Americas and South Pacific (PSAASP): Graham Fawcett and Curt Myron (AVA) are working on statutes for the PSAASP. These will be presented to an AVA meeting in February, and Graham will present same to the CVF BOD meeting in February 2011. Board members were encouraged to go to the website – psaasp.org.</p> | |
| l. | <p>CVF Volunteer Service Merit Award Nominations – Amendment Update: Board members approved the nomination form sent out by Benoît. He will put it into a final form for the AGM in May 2011.</p> | Benoît |
| 5. | <p>m. 12th IVV Olympiad and Congress of Delegates in Antalya, Turkey on October 20-23, 2011 – Update: The Québec tour (October 8 to 28) is full with 44 participants and 8 on a waitlist.</p> | |

| Item | Topic | Action |
|------|--|-----------|
| 5. | <p>n. Ottawa International Walking Festival (OIWF) October 23-24, 2010 – After Action Report: 226 people participated this year. Sue has received a number of inquiries about Volkssporting.</p> | |
| | <p>o. Appointment of a CVF Vice-President: The Board unanimously agreed to appoint Ethel Hansen to the position of CVF Vice-President. This appointment will be for the period up to the conclusion of the next AGM. Benoît will contact Ethel.</p> | Benoît |
| 6. | Directors' Reports: Attached. | |
| 7. | New Business: | |
| a. | <p>Review of CVF Individual Membership Fee: It was moved by Rollie and seconded by Laurie that the \$5 membership fee will continue to be in effect for 2012. Carried. The Board will review it prior to December 31, 2011 for the year 2013.</p> | |
| b. | <p>Request for Patronage to the New Right Honourable Governor General of Canada: Benoît sent a letter of request on October 7, 2010, but no reply has been received.</p> | |
| c. | <p>CVF Convention 2012 – Ottawa, ON – Update: Work is in progress.</p> | |
| d. | <p>China Volkssport Association (CVA) Proposal to hold a “Sino-Canada Jade Culture Trekking Festival”: It was agreed not to pursue this proposal for the time being but instead to invite representatives from China to the CVF Convention of 2012 for celebrating our 25th Anniversary.</p> | Benoît |
| e. | <p>Asian Confederation of Popular Sports (AVV) – Established by October 15, 2010: This includes Japan, Korea, China, and Taiwan, with an office address in Tokyo.</p> | |
| f. | <p>Loan Approval up to \$2,500 to the Vancouver ‘Venturers Volkssport Club re 2011 CVF Mini-Convention: Board members approved this loan by email, and the money has been sent.</p> | Directors |
| 8. | Other Business: None | |
| 9. | Next Meeting: Sunday, February 27, 2011, at 3 pm EST. | |
| 10. | <p>Adjournment: It was moved by Rollie and seconded by Lisette that the meeting adjourn at 5:05 EST. Carried.</p> | |

Original signed by

Original signed by

Kaye Farmer, Secretary

Benoît Pinsonneault, Chair

President's Report for Board of Directors' Meeting, November 14, 2010
by Benoît Pinsonneault

1. The minutes of the BoD's meeting of August 15, 2010 were circulated and reviewed by the directors as usual before their distribution to the Board, the Executive and the membership of the CVF.
2. I kept the CVF Book of Remembrance up to date.
3. I was, this year, the Trails Coordinator of the 3rd Ottawa International Walking Festival, held on October 23-24, 2010.
4. I, once again, carefully reviewed the six submissions re: the 2010 President's Challenge Trophy and came to a final decision by awarding the trophy to the Club Volkssport Nord-Sud of Québec. The application questionnaire requires some revision, which will be done for next year.
5. I prepared the agenda for our BoD's meeting of November 14, 2010.
6. The 2010-2011 Winter Exercise Program started on 15 October 2010 as scheduled.
7. I, along with David Rupar, reviewed the financial entries for the first ten months of operation of our current fiscal year.
8. I monitored the 2011 Sanction Renewal Process, done through and by Donna in the Head Office. The 2011 first quarter bills for walks as well as the annual renewal membership in the CVF and the club membership levy were sent to the clubs on Monday, November 8, 2010.
9. I prepared and circulated in bilingual one new Communiqué (#14) on August 25, 2010, entitled "2011 CVF AGM & Convention – AGA & Congrès FCV 2011" hosted by the Vancouver `Venturers Volkssport Club. This communiqué is posted on our Website.
10. I prepared my usual "Word from the President" for publication in the Oct-Nov-Dec issue of Volkssport Canada.
11. I prepared a new draft of the CVF Bylaws, section 32 for re-submission to and approval by Industry Canada.
12. I participated to a More Days Walk (56 km), hosted by the Ottawa-Carleton Volkssport Association, held on August 27-28, 2010, on Cataragui Trail from Smith Falls, Ontario. I completed 40 km.
13. I prepared a request for patronage to our new Governor General on October 7, 2010.

**British Columbia Director's Report for BOD Meeting of November 14, 2010
by Beverley Cattrall**

1. The major news from BC is the planning that is going on right now for April and May of 2011. Preparations for the CVF mini-convention (May 27-29) are under way, and a separate status report has been submitted. The second event, the Victoria Volkssport Phoenix Festival, will take place in Victoria on April 15, 16 and 17 in 2011. The web site is www.vvpf.ca and you can now register for the festival either online or by printing and mailing a registration form. The previous Phoenix had about 350 walkers, so the Society that is organizing the Phoenix is hopeful that there will be about the same number next year. The Society is composed of members of the three Victoria area Volkssport clubs.
2. While there have been many good walks in BC over the past few months, the Okanagan winery walks were a real highlight. This event was organized by the Surrey Trekkers Volkssport Club on the Thanksgiving weekend in the Kelowna area. The walks were designed to go by as many wineries as possible, with members of STVC standing by with their vehicles to transport any purchases back to the start point. The socializing continued into the evening, with pizza one night and a barbecue the next day. Walkers were primarily from BC, but Washington State was well represented, and there were also walkers from Alberta. Hats off to STVC for a job well done.
3. In the days leading up to Thanksgiving, VABC organized a series of group walks in Princeton, Keremeos, Oliver, Okanagan Falls, Penticton, Summerland, Peachland and Kelowna. Since many of these walks are now mail-in registration walks, this gave us a good opportunity to check out the trails and update maps and directions where necessary. As the days progressed, more and more walkers joined us, so that by the time we arrived in Peachland, there were about 25 of us. Members of the Peachland Volkssport Club were most hospitable, treating us to coffee and cookies, as well as a fascinating talk on the history of Peachland.
4. The mail-in registration walks have been successful this year, so we are planning to add six additional mail-in walks in 2011 in areas where there no longer is a volunteer able to look after a walk box. These walks are in Mt. Robson, Golden, Prince George, Kamloops, Ucluelet and Tofino.
5. We have good news: the Whistler YRE walk box has been without a home for the past month; however, the Delta hotel, where the mini-convention block booking has been arranged, has agreed to take the box as of right now and for all of 2011. This will certainly make it convenient for everyone attending the mini-convention.

**Alberta Director's Report for BOD Meeting of November 14, 2010
by Kathleen Parr**

1. **Barrhead Walkie Talkie VC** will be reducing their events by one next year as the Horse Creek weekend is biennial and is replaced with two walks. They will be keeping their one YRE.
2. **Chinook Country Pacers VC** will continue their three YREs next year. They are supporting the Winter Exercise Program with three of their four members participating.
3. **Devon Discovery Walkers** are adding two more events next year with a BBQ in between and are keeping all their YREs. They have one event left for this year, in West Edmonton Mall.
4. **Fox Creek Wilderness VC** are dropping one YRE, due to poor participation, and are also dropping one event as they are changing the President's luncheon to biennial.
5. **St Albert Trekkers VC** will keep the same number of events, with taking on five of the VAA's Tuesday night River Ravine walks which replace the special events they hosted this year. Their YREs remain the same. They have two events remaining this year with a Christmas lights walk and an indoor walk through the ped-ways of downtown Edmonton.
6. **VC of Medicine Hat** are keeping the same number of YREs and Events. They have one more event this year with an evening walk to view the Christmas lights and enjoy a social afterwards.
7. **Wetaskiwin VC** increases their events by three next year, hosting the VAA AGM in Red Deer plus taking over one of the River Ravine walks. They are reducing their YREs by one, due to poor participation.
8. **VAA** are reducing their events by two overall. Giving away six of the River Ravine Walks but are hosting the Alberta Majesty walks in the Kootenay Plains. The YREs remain the same.
9. **AB CVF Director** I will be hosting only one event next year due to the time commitment for the Alberta Majesty trails, reducing my events by two. I will be keeping all of the YRE/Seasonals from this year.
10. Alberta is starting a new program "Alberta Challenge" in January to encourage people to walk the YREs and Seasonals. It will have 4 achievement levels with a certificate for completing each level; there will be no charge for the program.

**Prairies and Northern Director's Report for BOD Meeting of November 14, 2010
by Laurie Ross**

1. Winnipeg still have their weekly walks and will continue to do so throughout the winter. Recently some enthusiastic AVA members were in Winnipeg on their way to Churchill to see Polar Bears so Terry Fulton and another club member did the Assiniboine Park walk with them in rainy, windy weather. Now that's dedication! They will be doing a Christmas Lights walk followed by a house party.
2. Nancy has sanctioned the Hay River YRE and the Waterfall walks for next year so I sure hope she gets some visitors from below the 49th parallel. I know I keep harping on about it but it really is a wonderful area to visit.
3. As I mentioned in my last report the Yukon was a busy place this summer. Ten people did the Watson Lake walk and twenty did the Whitehorse walk. I won't be having the Watson Lake walk next year as it just isn't financially viable during a "normal" year. . . Everyone that walked there did so on their way to the AVA convention in Anchorage. The email/mail-in registration worked well – it was good to finally be able to try it out. I enjoyed the email communication with everyone. I am changing Whitehorse into a year round as a Volkssport member from B.C. has moved there. Together we hope to change the route for 2011 to make it a bit easier to follow – especially the last part. I have made the changes and she will walk it and measure it out for me. I did this walk when I was there in late September in the snow so I can appreciate what people have been telling me – because I was aware that walkers had gotten "misplaced," I was extremely careful; however, it definitely needs to be changed especially being a YRE. Whitehorse is a beautiful little city and I want to showcase more of it. It will be wonderful to have someone to keep an eye on the walk box for me – the friendly staff at the museum have been doing an awesome though so I wasn't too worried.
4. Neither Yellowknife and Iqaluit had any walkers this year.
5. The Wascana Wanderers have finished up their group walks for the season. In early October several members of the group did the Moose Jaw YRE followed by a medieval feast in one of their local restaurants. Everyone had a great time and want to repeat the experience next year – perhaps even in medieval costume! They will be having their first Christmas Lights walk in early December followed by a dessert potluck.
6. The Saskatoon, Yorkton and Russell walks remain in place as part of the Yellowhead program. A goal for 2011 is to put 5 km walks in place in Yorkton and Russell.
7. Selkirk is the only waterfall walk in Manitoba and Saskatchewan. Special thanks to Lea Tocher for taking care of the walk box for me there.

**Ontario Director's Report for Director's Meeting November 14, 2010
by Susan Osborn**

1. It has been a busy fall for Ontario.
2. The club Volkssport Gateway Walkers is wrapping up their year with their first bus tour at the end of the month. Their executive committee has been working hard to make it a memorable experience for all (walkers as well as "accompagnteurs"). For the most it will be a first in celebrating Halloween in old Quebec City. On the way to "La Belle Province" they will do a walk in Ottawa from the Rideau Centre where Ole and H el ene will be hopping on the bus. Then on to Montreal for a stop overnight. The next morning they will do a walk with host club La Foulee de St-Eustache in old Montreal. In Quebec City two more walks, lots of sightseeing, and shopping are on the agenda. They will be joined by 21 members of the Nickel City Walking Club.
3. The Temiskaming Northern Wanderers Walking Festival on July 24, 2010 was in Cobalt from the Bunker/Welcome Centre. On September 18, 2010, we had our event during the fall fair in New Liskeard, Ontario. Our year-rounder is ongoing. For 2011 upcoming events: Saturday September 24, 2011 (Northern Walking Festival for fall colours in New Liskeard). North Bay and Sudbury will have their events this weekend too. Our year-rounder will continue for 2011.
4. The King's Town Trekkers are continuing their active walking programs. During the winter months, the Club will hold Group Walks on the second and fourth Sunday of each month in the afternoon. Exceptions are during the Month of December when the only event will be our Christmas Lights Walk in the evening of 11 December. These Sunday afternoon walks will continue until May 2011 when we will revert to Monday evening walks for the warmer months. The Club will be holding its Annual General Meeting on Thursday, 25 November, 2010, to keep members informed of any changes in the CVF and to approve future Club programs. We continue to seek new members and to respond to all requests for information in a timely fashion. We hope that our membership numbers will increase over the next year. To all Trekkers, have a great Holiday period and a Merry Christmas.
5. The Nepean Nomads have finished off the summer walking programme with two successful walks each having over 50 walkers. They have also recruited a number of new walkers who are starting to turn out for events which is great news. The volunteers this year have done an outstanding job of ensuring walks are a successful experience for both old and new walkers. Thanks to all of them. The last event for the club, apart from weekly YRE events, is the Annual Volunteer Walk which will take place on November 6 in Barrhaven. This walk is put on for the volunteers from the three clubs (Nepean, Orleans and OVCA) to say thanks and to have a nice lunch after the walk. The club also held a walking seminar with the local New Balance store on walking shoes and layering for winter walking. It was well attended so we are going to hold another one next spring just in time for summer walking. There are still walks scheduled for the rest of the year as part of the Ottawa NCR programme.
6. The Ottawa Voyageurs held their 25th Anniversary walk and banquet on September 11, marking the end of a year of celebration. It was a great day for a walk and even better evening.

7. The OCVA More Days Walk was held the end of August – a beautiful two-day 56-km. trek along a section of the Catarqui Trail with an over night at the Opinicon Lodge. Thirteen walkers made the hike with seven completing the whole distance.
8. I am pleased to announce Claudette Vrab is now the new president of the Nickel City Walkers. Big thanks to Denise Beaudry for all her years of dedication and service.
9. Argosy Rovers' Trenton walk has closed for the season.
10. The OWIF was a resounding success this year with a total of 226 walkers. This made this event the second largest single-day event. Many thanks to Graham Fawcett and his volunteer crew for a job well done!
11. The 25th Anniversary Committee is working hard on developing events for the 2012 celebration.

**Rapport de la Directrice du Québec pour la réunion du CA du 14 novembre 2010
par Lisette Boivin**

1. Les deux clubs du Québec ont été très actifs cet automne; les randonnées en forêt ont pris la vedette. Les paysages féériques que l'on retrouve à cette période de l'année ont incité de nombreux marcheurs à sortir bottes et bâtons pour aller contempler la nature. Un voyage de marche de trois jours dans la région de Saguenay / Charlevoix a rassemblé une soixantaine de participants; ceux-ci ont pu découvrir ces espaces majestueux tout en fraternisant.
2. Les deux clubs ont tenu leur réunion générale dernièrement. Johanne Desrosiers devient la présidente du club Volksmarche de Saint-Eustache. Du côté de Québec, je demeure la présidente du club Volkssport Nord-Sud. Il faut dire qu'il est très difficile de trouver un remplaçant pour cette lourde tâche.
3. Quelques membres se sont ajoutés aux deux clubs de marche dernièrement. La publicité, la bouche à oreille, la diversité de nos activités et l'esprit d'équipe ont été des facteurs déterminants. Il faut continuer en gardant ces facteurs en vue.
4. Nous avons eu encore une fois des problèmes avec deux de nos boîtes de marche saisonnières soit, celles de Rivière-du-Loup et Saint-Romuald. Les deux points de départ ont été fermés temporairement pour rénovations et les propriétaires ne nous ont pas averti. Nous sommes donc à la recherche de ces deux boîtes...
5. Les deux clubs de Québec se concentrent maintenant sur l'organisation des activités de la dernière étape de l'année. Des marches suivies de rencontres au restaurant sont prévues pour souligner l'arrivée de Noël et de la nouvelle Année. Le club Nord-Sud innovera en allant participer au célèbre marché de Noël de Cap-Santé où des milliers de personnes se rassemblent chaque année. Un autre moyen de se faire connaître.
6. Le voyage en Turquie organisé par Denis Thibault et son équipe est complet. Des volkssporteurs de Québec et de l'Ontario seront de la partie. Toutes les démarches vont bon train. L'équipe de Denis a souligné la précieuse collaboration entre les gens d'Ottawa via Benoît ainsi que le club Nord-Sud de Québec.
7. Bonne Route à vous.

**Atlantic Director's Report for BOD Meeting of November 14, 2010
by Rollie Coombes**

1. The Atlantic Volkssport Clubs have been quite active over the past few months with many walk events and preparations for their 2011 schedules.
2. The 2010 season was highlighted by the 2010 Convention in Cape Breton, a bus tour to Gaspé, QC, and a marathon event, both hosted by the Valley Trekkers VC; and the Dartmouth VC held a very successful 27th Annual International Volksmarch Event. Overall this has been an excellent year for volkssporting and the weather was exceptionally good in Atlantic Canada.
3. Three of the five clubs in Atlantic Canada will be holding their Annual General Meetings in November and, unfortunately, I will not be able to attend two of these AGM's, though I will be submitting my annual written report to the Atlantic clubs as usual. The Atlantic club presidents and walk coordinators meet in May each year and in 2011 the Atlantic Directors' meeting will be held in Moncton, NB.
4. At the present time, I do not expect much of a change in club executives for this coming year and, in fact, as in most regions the local boards and committees do not change very much if only slightly. This, of course, seems to be the trend not only in the volkssport community but in all volunteer-style organizations!
5. In 2011 the Valley Trekkers and the CBIH will both celebrate their 15th Anniversaries with the CVF and, at this time, the VTVC will hold celebrations on the Canada Day weekend. CBIH have not made firm plans as of this report but will probably do something in the fall of 2011 during the Celtic Colours Festival Events when they and the Dartmouth Club come together for a joint adventure in the CB Highland National Park.
6. During the long weekend, 9-11 October, of this year, we went to Prince Edward Island and refurbished the walk boxes in Charlottetown and Summerside. The YRE in Charlottetown is holding its own this year, especially after Walking Adventures International had been to this capital city. We will continue to have a walk event in Charlottetown and this will now be part of the "Dock and Walk" Program that has been established by Graham Fawcett. There had been several interested volkssporters on cruise ships arriving in PEI this year and this has now given me the inspiration to indeed have Charlottetown included in this exciting new program. However the same cannot be said for Summerside. The new Atlantic Director will have to reconsider this event, as only 13 walkers have been there during the 2010 season and this was during a convention season in Atlantic Canada. A trip to Summerside for \$26 may not be worth it, especially after paying the fee for the Confederation Bridge.
7. As of this report there are 15 Guided Walk events remaining in Atlantic Canada and four of these are Christmas Light Walk Events to be done by the three mainland NS clubs, very innovative programs and seem like a lot of fun!